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(Grandparents Raising And Nurturing Dependents with Disabilities)



NEWS

October 2024

Volume 19 Issue 10

## Triple Negative Breast Cancer

**Triple-negative breast cancer (TNBC)** is an aggressive type of invasive breast cancer. TNBC differs from other types of invasive breast cancer in that it tends to grow and spread faster, has fewer treatment options, and tends to have a worse prognosis.

The term triple-negative breast cancer refers to the fact that the cancer cells don't have estrogen or progesterone and also don't make any or too much of the protein called HER2. (The cells test "negative" on all 3 tests.)

### **How common is triple-negative breast cancer?**

Triple-negative breast cancer accounts for about 10-15% of all breast cancers. These cancers tend to be more common in women younger than age 40, who are Black, or who have a *BRCA1* mutation.

### **Signs and symptoms of triple-negative breast cancer**

Triple-negative breast cancer can have the same signs and symptoms as other common types of breast cancer.

### **How is triple-negative breast cancer diagnosed?**

Once a breast cancer diagnosis has been made using imaging tests and a biopsy, the cancer cells will be checked for certain proteins

### **Survival rates for triple-negative breast cancer.**

TNBC tends to grow quickly, is more likely to have spread at the time it's found, and is more

likely to come back after treatment than other types of breast cancer. Because of this, the survival rates for TNBC are generally not quite as high as they are for other types of breast cancer.

### **Treating triple-negative breast cancer**

Triple-negative breast cancer has fewer treatment options than other types of invasive breast cancer.

If the cancer has not spread to distant sites, surgery is an option. Chemotherapy might be given first to shrink a large tumor, followed by surgery.

In cases where the cancer has spread to other parts of the body (stage IV), platinum chemotherapy, targeted drugs like a PARP inhibitor or antibody-drug conjugate, or immunotherapy with chemotherapy might be considered.

For more information check out: <https://bit.ly/ACS3N> from Triple-Negative Breast Cancer from the American Cancer Society



OCTOBER  
BREAST CANCER  
AWARENESS MONTH

## Bloom Closet Fall Visit

We have partnered with the Bloom Closet to bring you clothes for the children in your care. Bloom Closet Express offers a boutique style shopping experience on wheels. They have new and gently used clothing for underserved communities raising foster children and kinship families. They will be at the Metropolitan Library on Tuesday, November 19th, 4pm-6pm before the start of our family support group. If you are interested in shopping with them, please register so they can have what your child needs. **Limited to the first 40 children.**



Register here: <https://bit.ly/ISDDBloom>

Location Metropolitan Library

Date: November 19, 2024

Time: 4pm-6pm

## Voting In Georgia

### When to Vote

- Register to vote: by Oct. 7
- Early voting: Oct. 15-Nov. 1
- Submit voted absentee ballot: by Nov 5
- Election Day: Nov. 5

### Online Voter Registration

- Check and see if you are registered to vote
- Register to vote
- Make Changes to your current registration record

### Ways to Vote

- Early Voting in person
- Absentee Voting by mail or drop box
- Election Day Voting at your polling place



**YOU MATTER**

**Text. Call. Chat.**

**988** SUICIDE & CRISIS  
**LIFELINE**

## Morehouse School of Medicine Community Engagement Day

Antioch Urban Ministries, Inc.

590 North Avenue NW

Atlanta, GA 30354

Sat., Oct. 5, 2024, 10am-2pm

Register for this free event:

<https://bit.ly/MSOMCED24>

# Client of the Month- Marquita Ingram

Each month we select a Project GRANDD caregiver to highlight so we can get to know each other.

Marquita Ingram is a 64-year-old grandmother who is the sole provider for her 15-year-old grandson Ashton. They have been active members of Project GRANDD six years. She is one of the most dedicated grandparents we have in our program. She goes above and beyond to care for her grandson. She ensures he receives the support he needs to thrive. Although it has not been easy, she never stops fighting for him. The pair enjoy spending time with their family. They travel to Florida and when they are there they spend time in Orlando, visit Universal Studios and the beach. Marquita enjoys making candles and would like to start a business cooking or baking. Her favorite quote is “tomorrow is a mystery, but today is a gift, that’s why we call it the present.” Some advice she has for other caregivers is “be patient and love on your grandchildren, we are not perfect, but who says we can’t strive to be perfect. One day at time.”



## SUPPORT GROUPS

A light dinner will be served 6:00pm – 6:30pm during family meetings.

<b>AM Virtual Adult Support</b> <b>10AM-12PM</b>	<b>10/1- “Breast Cancer : Signs, Symptoms, and Support”</b> Guest: Debra McPherson <a href="https://bit.ly/ISDDadult">https://bit.ly/ISDDadult</a> Phone: 256-581-5048, PIN: 611 544 546#	<i>Google Meet:</i> <a href="https://bit.ly/ISDDadult">https://bit.ly/ISDDadult</a> Phone: 256-581-5048 PIN: 611 544 546#
<b>Gwinnett PM Family Support</b> <b>6 PM-8 PM</b>	<b>10/14- Support &amp; Sharing</b> Guest: N/A <b>RSVP:</b> <a href="https://bit.ly/PGGwinnettPM">https://bit.ly/PGGwinnettPM</a> or 470-310-3458	<i>Spectrum Autism Support Group Inc.:</i> 2997 Main St., Duluth *new <b>RSVP:</b> <a href="https://bit.ly/PGGwinnettPM">https://bit.ly/PGGwinnettPM</a> or 470-310-3458
<b>DeKalb AM Adult Support</b> <b>10:30 AM- 12:30PM</b>	<b>10/8- Support &amp; Sharing</b> Guest: N/A <b>RSVP:</b> <a href="https://bit.ly/DeKalbAM">https://bit.ly/DeKalbAM</a> or 470-310-3458	<i>DeKalb County Library:</i> 3500 Covington Highway, Decatur <b>RSVP:</b> <a href="https://bit.ly/DeKalbAM">https://bit.ly/DeKalbAM</a> or 470-310-3458
<b>Fulton PM Family Support</b>	<b>10/15-Canceled due to early voting</b>	<b>Canceled-Early Voting</b>
<b>DeKalb PM Family Support</b> <b>6PM-8PM</b>	<b>10/22- Support &amp; Sharing</b> Guest: N/A <b>RSVP:</b> <a href="https://bit.ly/DeKalbPM">https://bit.ly/DeKalbPM</a> or 470-310-3458	<i>New Life Community Alliance:</i> 3592 Flat Shoals Rd, Decatur, <b>RSVP:</b> <a href="https://bit.ly/DeKalbPM">https://bit.ly/DeKalbPM</a> or 470-310-3458
<b>Rockdale AM Adult Support</b> <b>9AM-11AM</b>	<b>Caring for Our Kin-Workshop- see link below for dates and modules ( 10/7, 10/21, 10/28 )</b> <b>RSVP:</b> <a href="https://bit.ly/PGRockdale">https://bit.ly/PGRockdale</a> or 470-310-3458	<i>Olivia Haydel Senior Center:</i> 1240 Dogwood Drive <b>RSVP:</b> <a href="https://bit.ly/PGRockdale">https://bit.ly/PGRockdale</a> or 470-310-3458



Funded in Part By:



Frances Wood Wilson Foundation



<b>Contact us:</b>	<b>Rainie B. Jueschke, CFRE</b>	Executive Director	404-551-5258	<a href="mailto:rainiej@isdd-home.org">rainiej@isdd-home.org</a>
	<b>Thindiwia Bellamy</b>	Program Director	470-310-3452	<a href="mailto:bellamyt@isdd-home.org">bellamyt@isdd-home.org</a>
	<b>Shantell Thomas</b>	Program Manager	470-310-3458	<a href="mailto:shantellt@isdd-home.org">shantellt@isdd-home.org</a>
	<b>Sherri Felliccia, MS</b>	Lead Case Manager	470-310-3459	<a href="mailto:sherrif@isdd-home.org">sherrif@isdd-home.org</a>
	<b>Cartavia Conley</b>	Case Manager	470-798-3025	<a href="mailto:cartaviac@isdd-home.org">cartaviac@isdd-home.org</a>
	<b>Nea Wells, MSW</b>	Case Manager	470-481-0121	<a href="mailto:neaw@isdd-home.org">neaw@isdd-home.org</a>
	<b>Anais Hairston</b>	Case Manager	404-474-8645	<a href="mailto:anaish@isdd-home.org">anaish@isdd-home.org</a>
	<b>Sandi Austin</b>	Case Manager	404-595-2530	<a href="mailto:sandia@isdd-home.org">sandia@isdd-home.org</a>

Visit us on the Web: [www.isdd-home.org](http://www.isdd-home.org)

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2302 Parklake Drive  
Suite 110  
Atlanta, GA 30345

