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New Staff Alert PASTA Course LIHEAP Adult Evening Virtual Client of the Month Support Group Schedule

NEWS

Project GRANDD

(Grandparents Raising And Nurturing Dependents with Disabilities)



Volume 1 Issue 13

January 2025

New Year New Faces



We are growing here at ISDD and have added a new position to help us achieve our goals. Our new marketing and fundraiser manager will help us expand and continue to grow and serve our clients.

Emily Ferrer is the newest ISDD team member, bringing creativity and storytelling to her role as Marketing and Fundraising Manager at ISDD. She was born and raised in Cincinnati, OH, and moved to Atlanta to attend college at Georgia State University (Go Panthers!), where she graduated with a degree in Psychology. After spending seven years working in nonprofit marketing and events in the New England area after graduation, she is excited to be back in Georgia to tell the stories of the families that make up ISDD, spread the mission, and put on engaging community events to support our programs. Emily is passionate about people and believes that listening to and collaborating with others is the best form of learning. She is convinced that everyone has an important story to share.

Emily resides in Kennesaw with her husband, David, and their Corgi, Frank.

In her free time, she enjoys taking Frank on long walks and soaking up the warm Georgia weather that she missed so dearly. She loves staying physically active with CrossFit classes a few times a week, where she gets to unleash her competitive side with friends. On the weekends, you might find her embracing her inner couch potato, curled up with a good book, reading any genre she can get her hands on.

With all her different experiences and passions, Emily believes that life's all about the connections we make, and she can't wait to add more stories to her adventure at ISDD.



PASTA: Parenting the Second Time Around

Join us as we work together using an awardwinning curriculum created by Cornell University for relatives raising children. This eight-week enrichment course will cover topics including; child development, discipline, caring for oneself as a caregiver, rebuilding a family, living with teens, legal issues & more! Attend 8 sessions and get a \$100 gift card. *New participants only.



Thursdays: 10:30 am-12:30 pm Registration: <u>https://bit.ly/PASTA0125</u> Jan.23, 2025 – Mar. 13, 2025 Location: ISDD 2302 Parklake Drive, Suite 110 Atlanta, GA 30345



Evening Adult Virtual Support Group

> Thursday January 16th, 2025 6PM-8PM

> > https://bit.ly/ISDDadult Phone: 256-581-5048 PIN: 611 544 546#

LIHEAP Heating Program

The Low-Income Home Energy Assistance Program (LIHEAP) is available to all income eligible households. This program offers a payment of \$350, \$450, or \$500 once per program year to be applied to your home energy bill.

They will begin accepting applications for the LIHEAP program on December 1, 2024 for seniors only (ages 65+). Applications for the general population will be accepted, starting January 1, 2025. <u>All services are provided</u> by appointment only.

Link to: <u>Georgia Community Action</u> <u>Agencies</u> Apply for assistance at your local Community Action Agency.

Take the following documents to your appointment:

1. Proof of Income for all household members for the past 30 days

2. Proof of Social Security number for each person in the household

3. Most recent Gas and Electric Bill for the household

4. Proof of citizenship or legal immigrant status

Client of the Month- Evelyn Lindsey

Each month we select a Project GRANDD caregiver to highlight so we can get to know each other.



Evelyn Lindsey is a 62year-old grandmother who is raising her six grandchildren. She has been a member of Project GRANDD for three months. She enjoys creating new experiences with her grandchildren

that allow them to enjoy life, even when she is short on funds, she takes pride in showing them how to find beauty in everyday things. She loves listening to gospel music and going to church. Her favorite quote is "I can do all things through Christ who strengthens us." Her encouraging demeanor, positive attitude, and ability to persevere through challenges while remaining optimistic are part of the reason she is our client of the month. Her advice for other caregivers is to "keep God first and remember to take care of yourself. The children need our strength and guidance.

SUPPORT GROUPS

A light dinner will be served from 6:00 pm – 6:30 pm during family meetings.

AM Virtual Adult Support 10 AM-12 PM	1/7- Overview of SSI for Children Guest: Melissa Lawrence-Social Security and Disability Network <u>https://bit.ly/ISDDadult</u> Phone: 256-581-5048, PIN: 611 544 546#	Google Meet: https://bit.ly/ISDDadult Phone: 256-581-5048 PIN: 611 544 546#
DeKalb AM Adult Support 10:30 AM- 12:30 PM	1/14- Support & Sharing Guest: N/A RSVP: <u>https://bit.ly/DeKalbAM</u> or 470-310-3458	<i>DeKalb County Library:</i> 3500 Covington Highway, Decatur RSVP: <u>https://bit.ly/DeKalbAM</u> or 470-310-3458
PM Virtual Adult Support 6 PM-8 PM	1/16- Support& Sharing <u>https://bit.ly/ISDDadult</u> Phone: 256-581-5048, PIN: 611 544 546#	Google Meet: https://bit.ly/ISDDadult Phone: 256-581-5048 PIN: 611 544 546#
DeKalb PM Family Support 6 PM-8 PM	1/28- Support & Sharing Guest: N/A RSVP: <u>https://bit.ly/DeKalbPM</u> or 470-310-3458	<i>New Life Community Alliance:</i> 3592 Flat Shoals Rd, Decatur, RSVP: <u>https://bit.ly/DeKalbPM</u> or 470-310-3458
Rockdale AM Adult Support 9AM-11AM	Caring for Our Kin-Workshop- see link below for dates and modules (1/6&1/13) RSVP: https://bit.ly/PGRockdale or 470-310-3458	Olivia Haydel Senior Center: 1240 Dogwood Drive RSVP: https://bit.ly/PGRockdale or 470-310-3458



Visit us on the Web: <u>www.isdd-home.org</u> Like and Follow Us on Facebook: Projectgrandd and Isddhome

